

# Menu 49

2/12/2024-8/12/2024

## Monday

Chicken in curry sauce (\*, A, G, L) Rice (\*, G, L, M, Veg)

Quorn in curry sauce (\*, A, G, ILM, L) Rice (\*, G, L, M, Veg)

## Tuesday

Funny fish pieces (A, L, M, VS) Dill sour cream (A, G, L) Mashed potatoes (\*, A, G, ILM, L)

Vegetable sticks (\*, G, L, M, Veg) Dill sour cream (A, G, L) Mashed potatoes (\*, A, G, ILM, L)

## Wednesday

Chili con vege (\*, A, ILM, L, M, Veg, VS) Rice (\*, G, L, M, Veg)

## Thursday

Sausage soup (A, G, L, M)

Pureed root vegetable soup with cheese (\*, A, G, ILM, L)

## Friday

Independence Day

## Enjoy your meal!

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VL = Low in lactose      L = Lactose-free      G = Gluten-free      M = Milk-free  
A = Contains allergen      Veg = Vegan food      VS = Contains fresh garlic  
\* = Comply with Finnish nutrition recommendations      ILM = Climate-friendly

